

EGD PREP

Upper Endoscopy (EGD)

An upper endoscopy is a procedure to examine the esophagus, stomach, and proximal portion of the small intestine. In order for the physician to do a complete exam you must follow these instructions:

You will need to find a responsible adult (friend or family member) who is willing to drive you to and from your exam. Otherwise, your appointment and procedure will be canceled.

7 days before the procedure:

Stop taking all aspirin and NSAIDs such as:

- Ibuprofen
- Naproxen
- Advil
- Motrin
- Aleve
- BC Powder
- Excederin
- Iron supplements

If you are taking any blood thinners like Coumadin (warfarin), Plavix (clopidogrel), Aggrenox (dipyridamole), Lovenox (enoxaparin), Fragmine (dalteparin), Ticlid (ticlopidine), or Pletal (cilostazol), we will need to contact your physician and arrange stopping these. We will call you and let you know when to stop taking these medications.

The day before procedure:

- There are no particular dietary restrictions. Continue taking your regular medications.
- When do I stop eating or drinking anything?
 - Nothing to eat or drinking by mouth after midnight except sips of water in order to take medications listed below.
- What medications do I take the morning of the procedure?
 - Blood pressure medicine, heart medicine, seizure medicine.
 - **Do NOT** take insulin or other diabetic medications

If you have any questions, please call our office at (501) 778-4862